



Alde Sandlings Benefice

Aldeburgh, St Peter & St Paul's Parish Church,
Aldringham, St Andrew's Parish Church,
Friston, St Mary's Parish Church
Knodishall, St Lawrence's Parish Church

Priest in charge: The Revd Sarah du Boulay
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Sunday 29th October Last Sunday after Trinity

Services in The Alde Sandlings Benefice this Sunday

Knodishall 11.00am Benefice Holy Communion

Knodishall welcomes you all to join them for the Benefice service. As parking is limited at Knodishall Church, it might be an idea to share cars if you possibly can.

**DON'T FORGET THIS SUNDAY, TO PUT
THE CLOCKS BACK**

A message from our Priest in Charge, Revd Sarah du Boulay

Dear Friends,

Change is in the air! As you all know, for the past year we have been saying morning prayer in each of the parishes at least one morning a week, and this has proved very popular all round. However, due to a variety of reasons, the pattern will be changing slightly, from 1st November. The new pattern of Morning Prayer will be:

Monday	9am	Aldeburgh Church
Monday	9am	Friston
Tuesday	9am	Knodishall Church
Wednesday	9am	Aldeburgh Church
Thursday	9am	Aldringham Church
Friday	9am	Aldeburgh Church
Saturday		No Morning Prayer within the benefice
Sunday		Services as usual throughout the benefice

These changes only affect Aldeburgh and Aldringham churches, and should be easy to get used to. Hopefully it will mean that the prayer is more sustainable in the future. As always, I want to say a huge ‘thank you’ to everybody who leads and attends Morning Prayer. As a church, without prayer we are nothing, and daily prayer really is the foundation of all we do.

With prayers,

Sarah

Collect

Blessed Lord, who caused all holy Scriptures to be written for our learning: help us so to hear them, to read, mark, learn and inwardly digest them that, through patience, and the comfort of your holy word, we may embrace and for ever hold fast the hope of everlasting life, which you have given us in our Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

Nehemiah 8.1-4a 5-6 8-12

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the Lord had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. The scribe Ezra stood on a wooden platform that had been made for the purpose; and beside him stood Mattithiah, Shema, Anaiah, Uriah, Hilkiah, and Maaseiah on his right hand; and Pedaiah, Mishaël, Malchijah,

Hashum, Hash-baddanah, Zechariah, and Meshullam on his left hand. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the Lord, the great God, and all the people answered, 'Amen, Amen', lifting up their hands. Then they bowed their heads and worshipped the Lord with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the Lord your God; do not mourn or weep.' For all the people wept when they heard the words of the law. Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord ; and do not be grieved, for the joy of the Lord is your strength.' So the Levites stilled all the people, saying, 'Be quiet, for this day is holy; do not be grieved.' And all the people went their way to eat and drink and to send portions and to make great rejoicing, because they had understood the words that were declared to them.

Second Reading

Colossians 3.12-17

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Gospel Reading

Matthew 24.30-35

Then the sign of the Son of Man will appear in heaven, and then all the tribes of the earth will mourn, and they will see "the Son of Man coming on the clouds of heaven" with power and great glory. And he will send out his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of heaven to the other. 'From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its

leaves, you know that summer is near. So also, when you see all these things, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away.

**Sermon by Revd Nichola Winter,
Twentieth Sunday after Trinity, 22nd October at Knodishall**

It has been said that there are only two certainties in life - taxes and death. We know when we need to pay our taxes. Exactly when we will have to face our own death is slightly less certain.

Gloomy, you might say. I'd rather think about taxes... well, you may be right. The Pharisees certainly liked to use matters of law and regulation to try to trap Jesus. They were confronted with this enigmatic figure who had been going around healing folk, raising the dead, making a packed lunch feed a multitude - and who had the nerve to air views about the authorities that were far too close to home. Jesus poses a real threat - an undermining of their authority. But if they can't beat him when it comes to miracles and wonders, they'll try a different tack. Hence the sneaky question about the coins.

But this goes wrong, too. Smugly thinking that they will catch Jesus out by asking about the payment of taxes Jesus neatly turns the tables. Asking them to show him a coin their reputation as sticklers for the law collapses when they produce a coin franked with the emperor's head. It simply wasn't done - to bring into the temple, into a sacred dwelling, coins that depicted the emperor's image and which bore a blasphemous inscription. This was pagan money. In the temple of the Lord - it was a real no-no. Little wonder, then, that Jesus gets the better of the Pharisees when he calmly tells them to give to whichever authority whatever is appropriate.

We, too, are called to do the same. Part of our public duty is to pay our taxes on time in order to keep the wheels of society and community turning; to enable the health, education and well-being of all of us. As Christians we are also called to give to God the things that are God's. And that is probably an even greater challenge. If we accept that what we are, what we have and what we do are callings that come from God, then all of our life is a payment to God for his goodness and generosity. It may not

always be obvious to us how we are to give, how we are to live out our calling, but faith, prayer and worship are a good start.

The gospel speaks of the due we pay - to God, to the civil authorities, and to each other. Jesus is not going to let the Pharisees catch him out. Then, as now, people lived in community, in society, and certain laws had to be enforced in order for society to function with some semblance of order. It is the same today. We have to live according to certain rules. This does not mean that we should always accept the rules without question - living in a democracy means that we have the freedom to challenge, to question, to change laws. As Christians we are called to challenge unjust structures of society and, occasionally, questionable laws. We thank God for this freedom and responsibility. But once the law is in place, we are required to obey it.

But we also live by God's law. And so we offer our lives to God. We can pay lip service to God, but how do we truly give to God? Only by entering into a living and dynamic relationship with him - through prayer and meditation as well as through our deeds and sacrificial giving. Earlier this month (15th Oct) the church marked the life of Teresa of Avila, a 16th century Spanish mystic. Her life was marked by her visions of God and the consequent establishment of several religious communities. Many of her writings survive and provide great inspiration. Teresa wrote, 'Remember that you have only one soul; that you have only one death to die; that you have only one life, which is short and has to be lived by you alone; and there is only one Glory, which is eternal. If you do this, there will be many things about which you care nothing.'

Teresa's insight has enabled many to put their lives into perspective. We, too, need to get our priorities right; we live in the world but we do not have to be 'of the world' - we need to be 'of Christ and God', sustained by the Holy Spirit - paying our dues to society where required, but much more giving our lives to God. Teresa again: 'We can only learn to know ourselves and to do what we can - namely, surrender our will and fulfil God's will in us.' The collect for Teresa of Avila prays that there may awaken in us 'a longing for holiness until we attain to the perfect union of love in Jesus'. May we all give to the emperor the things that are the emperor's and to God the things that are God's, until we do truly achieve the relationship that enables us to know God as we are indeed known by him.

Post Communion

God of all grace, your Son Jesus Christ fed the hungry
with the bread of his life and the word of his kingdom:
renew your people with your heavenly grace,
and in all our weakness sustain us by your true and living bread;
who is alive and reigns, now and for ever.



The Friends of St. Andrews Coffee Morning

Saturday 28th October in the Church from
10am - 12noon. There will be all the usual
stalls including Books, Cakes, Bric a Brac,
Jewellery, Refreshments and more.
In aid of the Church Fabric Fund.
All Welcome.

The Alde Sandlings Benefice

**All Souls - Remembering Our Loved Ones
Service on Thursday November 2nd 6.00pm**



**An opportunity to call to mind those who we love but
see no more. Say a gentle prayer and light a candle.
Everyone will be most welcome.**

*May God give you
his comfort and his peace,
his light and his joy
in this world and the next.*



Please do join us at either:

**Aldeburgh Parish Church,
Aldringham Parish Church or
Friston Parish Church**

Thursday November 2nd 6.00pm

**ALDE SANDLINGS BENEFICE
CHRISTINGLE CELEBRATION at ALDEBURGH CHURCH**



Come share
the light this
Christingle

**The
Children's
Society**

TUESDAY 5TH DECEMBER AT 6.30PM

A SERVICE FOR ALL OF THE FAMILY

Please do check our website for news and updates www.aldeburghparishchurch.org.uk



Weekly Benefice Newsletter



If you would like something added to the weekly newsletter that is relevant to the Benefice, please do let Claire know and we will do our best to include it the following week.

All requests by 4pm on Thursday please

† Church of England and Diocese Online Worship †

There are many online services you can view from the Church of England and our cathedral. Here are some links below.

Church of England website

<https://www.churchofengland.org/prayer-and-worship/church-online/weekly-online-services>

Church of England Facebook page

<https://www.facebook.com/thechurchofengland/>

Church of England YouTube channel

<https://www.youtube.com/channel/UCLeck8GovYoaYzIgyOEIKZg>

St Edmundsbury Cathedral Facebook Page

<https://www.facebook.com/stedscathedral>

Knodishall Parish Church Proposed Plans for Toilet Extension

Church of Knodishall: St Lawrence

In the parish of Knodishall with Buxlow

NOTICE IS GIVEN that we are applying to the Consistory Court of the diocese for permission to carry out the following:

Construction of a single-story extension housing a fully accessible toilet on the south side of the church, to adjoin the nave wall at the point marked by an existing blocked doorway; introduction of kitchenette in southwest corner of nave.

*Copies of the relevant plans and documents may be examined at
St Lawrence Church Knodishall*

**If you wish to object to any of the works or proposals,
you should send a letter stating the grounds of your
objection to The Diocesan Registrar at**

The Diocesan Registry
c/o Birketts LLP
Providence House
141-145 Princes Street
Ipswich
IP1 1QJ
angie-long@birketts.co.uk

£££ Ways to donate to our churches within the £££ Alde Sandlings Benefice

Your donations REALLY mean so much to us at this challenging time. No matter how small your donation is, it helps us keep our doors open, support our ministry and mission, and to help preserve our church buildings. THANK YOU SO MUCH

Just click on the link to support any of our churches -

<https://www.aldeburghparishchurch.org.uk/ways-to-donate-to-the-churches-within-the-alde-sandlings-benefice/>

† Fairfield Centre Prayers - Café Church †

Every third Sunday of the month at **4pm**.

Relaxed and informal with tea, toast, activities, chat and worship.

All ages very welcome

† Worship at The Alde Sandlings †

We are asking for volunteers to deliver prayers of intercession during the services at any of the churches you worship in. The prayers can be written by the person delivering them, they can be taken from a book, or they can be written by someone else, i.e. a member of the clergy. Training can be given. Any member of the congregations can take part in the service in this way. If you would like to deliver the prayers, please either speak to a member of clergy, church warden or email admin@aldeburghparishchurch.org.uk

Would you like to come forward for Confirmation?

Confirmation is a special church service in which a person confirms the promises that were made when they were baptised. If you were baptised at a christening when you were a child, your parents and godparents made these promises on your behalf. As a young person or adult, you may be ready to affirm these promises for yourself and commit your life to following Jesus Christ. At a confirmation service, you make these promises for yourself. Your friends and family as well as the local Christian community will be there to promise to support and pray for you. There will be some confirmation meetings giving you the opportunity to discuss your lifetime journey of faith coming up in the benefice. If you think this would be something that you wish to explore further, please speak to a member of clergy or contact admin@aldeburghparishchurch.org.uk

† Morning Prayer across the Benefice †

Rev'd Sarah is bringing the benefice together in prayer each morning from 9-9.30am. People are very welcome to join, no regular commitment required, just pop along when you wish.

Monday – Aldeburgh & Friston

Tuesday - Knodishall

Wednesday – Aldeburgh

Thursday – Aldringham

Friday - Aldeburgh

† Pilgrims Together on Wednesdays on Zoom †

The worship starts at 6.30pm (Zoom call opens from 6.10pm) and the call is then left open after the worship time for people to catch up. People are welcome to email pilgrimstogether473@gmail.com to receive a copy, be added to our mailing list or for the Zoom links.

Saturday 4th November Community Breakfast and Local Ramble starting 9.30 @ The Parrot

As before, a delicious breakfast bap and coffee / tea combo for £6.50 is on offer at the Parrot, before we head out to explore local paths.

Come just for breakfast and a catch-up with folk, come for just the ramble or come and enjoy both. (You don't need to book in advance, you can decide on the morning.). To help with timing, if coming only to ramble then we generally head from The Parrot around 10.30am. Please do invite friends along.

Saturday 11th November Community Good News Faith Cafe @ The Outside Inn, Parrot Pub 9.30 - 10.30

A time for conversation, a hot drink and a croissant. A time to share and offer our thoughts and stories. Acts of kindness and good news within the Outside Inn and taken out into the outside world.

Food Banks at the East of England Co-op

Foodbanks provide a valuable service to those in need in our communities. The Aldeburgh Co-op and Solar in Leiston are doing a grand job in collecting food donations, which are collected regularly and distributed. So please look out for the various collection baskets.

<https://www.eastofengland.coop/community/foodpoverty/foodbank-support>

Aldeburgh Choir

Do you like to sing? Come and join our church choir.

Our services are every Sunday at 10.30am. We also hold special extra services at Christmas and other events in the church calendar. The choir plays an essential role to our worship. So, the more the merrier, even if you are just visiting us. Want to give it a go?

Contact: admin@aldeburghparishchurch.org.uk For more information.

**Next Sunday, 5th November
Fourth Sunday before Advent - All Saints Day**