



Alde Sandlings Benefice

Aldeburgh, St Peter & St Paul's Parish Church,
Aldringham, St Andrew's Parish Church,
Friston, St Mary's Parish Church
Knodishall, St Lawrence's Parish Church

Priest in charge: The Revd Sarah du Boulay
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The Revd Johanna Mabey
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Sunday 22nd October Twentieth Sunday after Trinity

Services in The Alde Sandlings Benefice this Sunday

Aldeburgh	10.30am	Holy Communion
	6.00pm	Evening Prayer
Aldringham	11.00am	Morning Prayer
Knodishall	9.30am	Holy Communion

A message from our Priest in Charge, Revd Sarah du Boulay

Dear Friends,

I am absolutely delighted to announce that the new Fairfield Centre Manager is Mrs Linda Lumpkin. Linda is well known throughout the community, and has already done a lot of volunteering with Fairfield projects, so knows the centre and the area well. We know she will do a wonderful job within our community here in Aldeburgh.

We were fortunate to have had a plethora of exceptional candidates apply for the job, which just shows how important the Fairfield Centre is to the local community. Please do pray for the future of the centre, and for Linda as she marks the start of a new chapter.

I want to say special thanks to Tish Parker and the Fairfield Committee, who faithfully looked after the centre for the past years. We miss them all and

are very grateful for everything they did. I also want to say a huge thank you to Ken Smith for almost single-handedly keeping the show on the road for the past 4 months whilst we have been looking for our new manager. He has done sterling work.

As a benefice, we are entirely reliant on all of our volunteers (like Ken and Tish), and I hope you all know how much we appreciate you, your skills and your time – thank you one and all!

With prayers,

Sarah

Collect

God, the giver of life,
whose Holy Spirit wells up within your Church:
by the Spirit's gifts equip us to live the gospel of Christ
and make us eager to do your will,
that we may share with the whole creation
the joys of eternal life; through Jesus Christ your Son our Lord,
who is alive and reigns with you, in the unity of the Holy Spirit,
one God, now and for ever.

First Reading

Exodus 33.12-end

Moses said to the Lord, 'See, you have said to me, "Bring up this people"; but you have not let me know whom you will send with me. Yet you have said, "I know you by name, and you have also found favour in my sight." Now if I have found favour in your sight, show me your ways, so that I may know you and find favour in your sight. Consider too that this nation is your people.' He said, 'My presence will go with you, and I will give you rest.' And he said to him, 'If your presence will not go, do not carry us up from here. For how shall it be known that I have found favour in your sight, I and your people, unless you go with us? In this way, we shall be distinct, I and your people, from every people on the face of the earth.' The Lord said to Moses, 'I will do the very thing that you have asked; for you have found favour in my sight, and I know you by name.' Moses said, 'Show me your glory, I pray.' And he said, 'I will make all my goodness pass before you, and will proclaim before you the name, "The Lord"; and I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. But', he said, 'you cannot see my face; for no one shall see me and live.' And the Lord continued, 'See, there is a place by me

where you shall stand on the rock; and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by; then I will take away my hand, and you shall see my back; but my face shall not be seen.'

Second Reading

1 Thessalonians 1.1-10

Paul, Silvanus, and Timothy, To the church of the Thessalonians in God the Father and the Lord Jesus Christ: Grace to you and peace. We always give thanks to God for all of you and mention you in our prayers, constantly remembering before our God and Father your work of faith and labour of love and steadfastness of hope in our Lord Jesus Christ. For we know, brothers and sisters beloved by God, that he has chosen you, because our message of the gospel came to you not in word only, but also in power and in the Holy Spirit and with full conviction; just as you know what kind of people we proved to be among you for your sake. And you became imitators of us and of the Lord, for in spite of persecution you received the word with joy inspired by the Holy Spirit, so that you became an example to all the believers in Macedonia and in Achaia.

For the word of the Lord has sounded forth from you not only in Macedonia and Achaia, but in every place where your faith in God has become known, so that we have no need to speak about it. For the people of those regions report about us what kind of welcome we had among you, and how you turned to God from idols, to serve a living and true God, and to wait for his Son from heaven, whom he raised from the dead-Jesus, who rescues us from the wrath that is coming.

Gospel Reading

Matthew 22.15-22

Then the Pharisees went and plotted to entrap him in what he said. So they sent their disciples to him, along with the Herodians, saying, 'Teacher, we know that you are sincere, and teach the way of God in accordance with truth, and show deference to no one; for you do not regard people with partiality. Tell us, then, what you think. Is it lawful to pay taxes to the emperor, or not?' But Jesus, aware of their malice, said, 'Why are you putting me to the test, you hypocrites? Show me the coin used for the tax.' And they brought him a denarius. Then he said to them, 'Whose head is this, and whose title?' They answered, 'The emperor's.' Then he said to them, 'Give therefore to the emperor the things that are the emperor's, and to God the things that are God's.' When they heard this, they were amazed; and they left him and went away.

**Sermon by Revd Sarah du Boulay,
Nineteenth Sunday after Trinity, 15th October at
Aldringham's Harvest Festival Service**

On Wednesday I led an assembly at Aldeburgh Primary School. Between all the churches of different denominations in Aldeburgh, we do this on a weekly basis, and it's one of my very favourite things to do. This week, I asked the children if anybody was good at anything. They all put their hands up. I then asked them to name some of the things they were good at. The answers ranged from playing the piano, to maths, through smiling, singing, looking after my dog, cuddles, computer games, cooking, looking after my baby sister... One of my favourite things about children is that in general they are so unguarded. They are very happy to tell people about their talents and successes, and to celebrate them together.

I then played them an excerpt from a Minuet and Trio in G Major – a piece I'm sure you all know was written by Mozart when he was only 5 years old. I asked who was 5 in the room at the time, and then asked who thought they could write something similar. A very large percentage of the children put their hands up – you have to admire confidence!

I showed the children the Lego version of the feeding of the 5,000, and we talked about how God has given us all things – whether those things are talents, gifts, or resources, and how sometimes, he blesses them and turns them into much, much more. Whether it is the boy who had 5 loaves and 2 fishes, or Mozart having a talent for music which was in fact, genius. What is up to us, is to decide who gets the credit?

In times such as we are currently living, it can be really hard to consistently and genuinely spend our lives giving God the glory. When so many people around the world are starving, when the cost of living crisis is so extreme, when the Israel Gaza conflict is raging, when racism and violence, and abuse and poverty are rife. When some people have so much, and others have so little. Where is God in all of that? How can we give Him the glory, when it seems he picks and chooses who is blessed. Who is given an abundance. And who is seemingly abandoned to suffer alone.

Even in our scripture reading today, we hear of 10 people who have been living with leprosy. Leprosy as we may be aware is a disease which not only affected people's physicality, but also meant that they would have to live as outcasts to society – kept in isolation away from people, resources, friends and family. But when Jesus healed the 10 lepers, he not only took away a

disease which would have eventually killed them, he also gave them a way back into society – a way to live their lives to the full. He told them to show themselves to the priests – the very people who could declare them ‘clean’ and officially allow them back into their village. Life changing indeed.

It feels hard today to be giving thanks for the abundance of the harvest, giving thanks for all we have been blessed with when we are aware that some people have so much, and others have next to nothing. We absolutely should never forget this. But God has blessed us, each of us, with different things, be they talents, gifts, families, food, possessions, intelligence, compassion – the list goes on. What is important is what we do with these blessings.

If somebody doesn’t have enough to eat – we should share what we have, and fight to ensure they have enough in the future. If somebody is lonely, we should offer them companionship and ways to avoid loneliness in the future. If somebody is sad, we can offer a smile and a listening ear. We should do all of this willingly, gladly, and giving thanks to God. Thanks that we can share and bless others with what we have been given.

There is a saying which you may know. Give a man a fish and you feed him for a day. Teach him to fish and he can feed himself and his family for ever. But what we need to do is to together, take down any ‘No Fishing’ signs which are around. This is how we can give thanks to God, and how we can honour what Jesus tells us we should be doing.

The truth is that God gives in abundance. But we need to take responsibility for how we steward what we are given. It’s a really hard thing to hear, but it’s important that we do hear it, and time and time again until we get it right.

Let’s take inspiration from the school full of children who all think they can write music as well as Mozart – because who knows? Maybe they can! Let’s be confident in our blessings, and let’s be ready to share them with everybody around us. And let’s do that whilst we publicly recognise who has given them to us, and keep our focus on Him and Him alone.

Post Communion

God our Father, whose Son, the light unfailing,
has come from heaven to deliver the world from the darkness of
ignorance: let these holy mysteries open the eyes of our understanding
that we may know the way of life, and walk in it without stumbling;
through Jesus Christ our Lord.

† RIP COLIN CHEESMAN †

Dru and family would like to thank everyone for their cards, flowers, messages and prayers. Dru is incredibly grateful for the tremendous support from everyone. Colin's funeral will be on Friday 27th October at 2pm at Aldeburgh Parish Church.



Don't upset the Flower Ladies

A spider at Aldeburgh Church was soon "moved on" (with a fine water spray) after making the most beautiful web on one of the Harvest flower arrangements.

Thank you to Karen who captured the scene with the full evening sun shining on the pedestal. The spider clearly didn't get the memo –

Don't upset the flower ladies!!



The Friends of St. Andrews Coffee Morning

Saturday 28th October in the Church from 10am - 12noon. There will be all the usual stalls including Books, Cakes, Bric a Brac, Jewellery, Refreshments and more.

In aid of the Church Fabric Fund.

All Welcome.

Weekly Benefice Newsletter

If you would like something added to the weekly newsletter that is relevant to the Benefice, please do let Claire know and we will do our best to include it the following week.

All requests by 4pm on Thursday please

Knodishall Parish Church Proposed Plans for Toilet Extension

Church of Knodishall: St Lawrence

In the parish of Knodishall with Buxlow

NOTICE IS GIVEN that we are applying to the Consistory Court of the diocese for permission to carry out the following:

Construction of a single-story extension housing a fully accessible toilet on the south side of the church, to adjoin the nave wall at the point marked by an existing blocked doorway; introduction of kitchenette in southwest corner of nave.

*Copies of the relevant plans and documents may be examined at
St Lawrence Church Knodishall*

**If you wish to object to any of the works or proposals,
you should send a letter stating the grounds of your
objection to The Diocesan Registrar at**

The Diocesan Registry
c/o Birketts LLP
Providence House
141-145 Princes Street
Ipswich
IP1 1QJ
angie-long@birketts.co.uk

£££ Ways to donate to our churches within the £££ Alde Sandlings Benefice

Your donations REALLY mean so much to us at this challenging time. No matter how small your donation is, it helps us keep our doors open, support our ministry and mission, and to help preserve our church buildings. THANK YOU SO MUCH

Just click on the link to support any of our churches -

<https://www.aldeburghparishchurch.org.uk/ways-to-donate-to-the-churches-within-the-alde-sandlings-benefice/>

† Fairfield Centre Prayers - Café Church †

Every third Sunday of the month at **4pm**.

Relaxed and informal with tea, toast, activities, chat and worship.

All ages very welcome

† Worship at The Alde Sandlings †

We are asking for volunteers to deliver prayers of intercession during the services at any of the churches you worship in. The prayers can be written by the person delivering them, they can be taken from a book, or they can be written by someone else, i.e. a member of the clergy. Training can be given. Any member of the congregations can take part in the service in this way. If you would like to deliver the prayers, please either speak to a member of clergy, church warden or email admin@aldeburghparishchurch.org.uk

Would you like to come forward for Confirmation?

Confirmation is a special church service in which a person confirms the promises that were made when they were baptised. If you were baptised at a christening when you were a child, your parents and godparents made these promises on your behalf. As a young person or adult, you may be ready to affirm these promises for yourself and commit your life to following Jesus Christ. At a confirmation service, you make these promises for yourself. Your friends and family as well as the local Christian community will be there to promise to support and pray for you. There will be some confirmation meetings giving you the opportunity to discuss your lifetime journey of faith coming up in the benefice. If you think this would be something that you wish to explore further, please speak to a member of clergy or contact admin@aldeburghparishchurch.org.uk

† Church of England and Diocese Online Worship †

There are many online services you can view from the Church of England and our cathedral. Here are some links below.

Church of England website

<https://www.churchofengland.org/prayer-and-worship/church-online/weekly-online-services>

Church of England Facebook page

<https://www.facebook.com/thechurchofengland/>

Church of England YouTube channel

<https://www.youtube.com/channel/UCLeck8GovYoaYzlgYOEIKZg>

St Edmundsbury Cathedral Facebook Page

<https://www.facebook.com/stedscathedral>

† **Pilgrims Together on Wednesdays on Zoom** †

The worship starts at 6.30pm (Zoom call opens from 6.10pm) and the call is then left open after the worship time for people to catch up. People are welcome to email pilgrimstogether473@gmail.com to receive a copy, be added to our mailing list or for the Zoom Links.

Saturday 4th November Community Breakfast and Local Ramble starting 9.30 @ The Parrot

As before, a delicious breakfast bap and coffee / tea combo for £6.50 is on offer at the Parrot, before we head out to explore local paths.

Come just for breakfast and a catch-up with folk, come for just the ramble or come and enjoy both. (You don't need to book in advance, you can decide on the morning.). To help with timing, if coming only to ramble then we generally head from The Parrot around 10.30am. Please do invite friends along.

Food Banks at the East of England Co-op

Foodbanks provide a valuable service to those in need in our communities. The Aldeburgh Co-op and Solar in Leiston are doing a grand job in collecting food donations, which are collected regularly and distributed. So please look out for the various collection baskets.

<https://www.eastofengland.coop/community/foodpoverty/foodbank-support>

Aldeburgh Choir

Do you like to sing? Come and join our church choir.

Our services are every Sunday at 10.30am. We also hold special extra services at Christmas and other events in the church calendar. The choir plays an essential role to our worship. So, the more the merrier, even if you are just visiting us. Want to give it a go?

Contact: admin@aldeburghparishchurch.org.uk For more information.

† **Morning Prayer across the Benefice** †

Revd Sarah is bringing the benefice together in prayer each morning from 9-9.30am. People are very welcome to join, no regular commitment required, just pop along when you wish.

Monday – Friston

Tuesday - Knodishall

Wednesday - Aldringham

Daily at Aldeburgh, Monday to Saturday

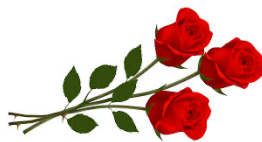
The Alde Sandlings Benefice

**All Souls - Remembering Our Loved Ones
Service on Thursday November 2nd 6.00pm**



**An opportunity to call to mind those who we love but
see no more. Say a gentle prayer and light a candle.
Everyone will be most welcome.**

*May God give you
his comfort and his peace,
his light and his joy
in this world and the next.*



Please do join us at either:

**Aldeburgh Parish Church,
Aldringham Parish Church or
Friston Parish Church**

Thursday November 2nd 6.00pm

**Next Sunday, 29th October
Last Sunday after Trinity/Bible Sunday
Benefice Service at Knodishall Church at 11am**

Lunchtime Classical Concert Series
Aldeburgh Parish Church

Monday 23rd October 2023
at 12 noon

Nadia's 80th Birthday Celebration
Concert with Friends

The highly successful Lunchtime Classics Concert Series in aid of Save the Children continue in 2023.

Helen Stanley (Violin)

Belinda Shave (Cello)

Robin Soldan (Flute)

Nadia Lasserson, Philip Mountford and
Marion Arbuckle (Piano) & MORE.....

Programme includes Mozart Piano Concerto K449 in Eb, and
works by Schubert

Looking forward to welcoming you all.
Admission is free- with a retiring collection for
Save the Children

ALL VERY WELCOME



Save the Children
100 YEARS

Safeguarding at The Alde Sandlings Benefice

The care and protection of children, young people and adults involved in church activities is the responsibility of everyone who participates in the life of the Church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary, report the matter to the Local Authority Social Care Services or the Police without delay.

The Alde Sandlings Safeguarding Officer:

Mrs Fran Smith – admin@aldeburghparishchurch.org.uk